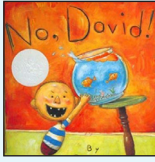


# Books that Encourage Social and Emotional Development

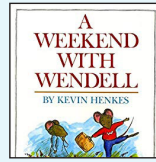
For more recommendations for books that promote social and emotional development and children's mental health, use this [helpful book list](#) from Children's Mental Health Matters!



## **No David**

by David Shannon

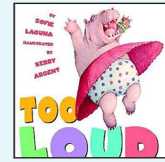
David hears "No!" all day, but he always ends the day with hearing his mother say, "I love you."



## **A Weekend with Wendell**

by Kevin Henkes

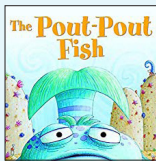
Sophie feels bullied by Wendell during a weekend visit until common interests bond them together.



## **Too Loud Lily**

by Sophia Laguna

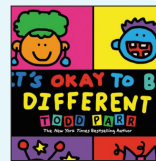
Lily discovers that the way she is different is something to be celebrated.



## **The Pout Pout Fish**

by Deborah Diesen

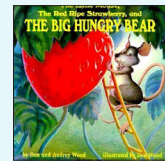
The Pout Pout Fish's friends tell him that his pout isn't pleasing. Only one friend can turn his frown upside down.



## **It's Okay to Be Different**

by Todd Parr

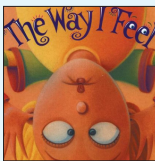
Children learn to celebrate the differences that make them unique.



## **The Little Mouse, The Red Ripe Strawberry, and The Big Hungry Bear**

by Don & Audry Wood

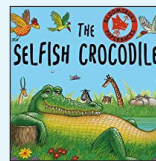
Little Mouse practices problem-solving skills to keep the bear from eating his strawberry.



## **The Way I Feel**

by Janan Cain

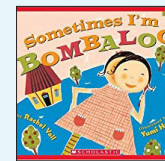
Children explore the many different feelings they experience.



## **The Selfish Crocodile**

by Faustin Charles and Michael Terry

The crocodile outgrows being selfish when a little mouse treats him kindly.



## **Sometimes I'm Bombaloo**

by Rachel Vai

Little Katie shows how she feels and acts when she's angry, but it doesn't last for long.

