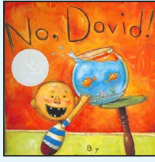


Books that Encourage Social and Emotional Development

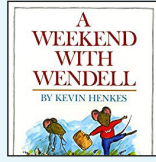
For more recommendations for books that promote social and emotional development and children's mental health, use this [helpful book list](#) from Children's Mental Health Matters!



No David

by David Shannon

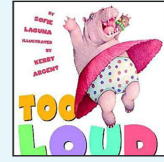
David hears "No!" all day, but he always ends the day with hearing his mother say, "I love you."



A Weekend with Wendell

by Kevin Henkes

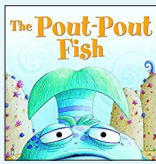
Sophie feels bullied by Wendell during a weekend visit until common interests bond them together.



Too Loud Lily

by Sophia Laguna

Lily discovers that the way she is different is something to be celebrated.



The Pout Pout Fish

by Deborah Diesen

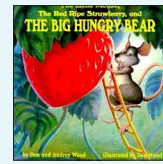
The Pout Pout Fish's friends tell him that his pout isn't pleasing. Only one friend can turn his frown upside down.



It's Okay to Be Different

by Todd Parr

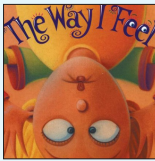
Children learn to celebrate the differences that make them unique.



The Little Mouse, The Red Ripe Strawberry, and The Big Hungry Bear

by Don & Audry Wood

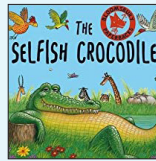
Little Mouse practices problem-solving skills to keep the bear from eating his strawberry.



The Way I Feel

by Janan Cain

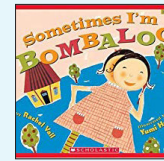
Children explore the many different feelings they experience.



The Selfish Crocodile

by Faustin Charles and Michael Terry

The crocodile outgrows being selfish when a little mouse treats him kindly.



Sometimes I'm Bombaloo

by Rachel Vai

Little Katie shows how she feels and acts when she's angry, but it doesn't last for long.

