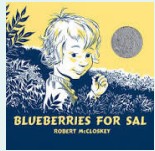


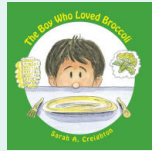
Fun Children's Books About Healthy Food

March is National Nutrition Month and National Reading Month.
Read aloud with your child using these fun children's books about healthy foods.



Blueberries for Sal
by Robert McCloskey

A little girl picks blueberries with her mother and two unexpected guests!



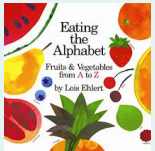
The Boy who Loved Broccoli
by Sarah A. Creighton

Baxter is a young boy who gets superhero powers when he eats broccoli.



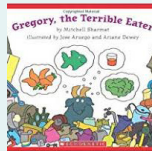
I Will Never, Not Ever Eat a Tomato
by Lauren Child

Picky-eater Lola tries new foods with help from her big brother, Charlie.



Eating the Alphabet: Fruits & Vegetables from A to Z
by Lois Ehlert

An alphabet book with colorful illustrations of fruits and vegetables.



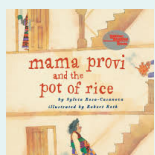
Gregory, the Terrible Eater
by Mitchell Sharmat

A silly tale of a young goat who dreams of eating healthy foods.



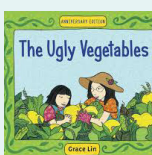
Rainbow Stew
by Cathryn Falwell

Three children join their grandfather on a rainy day to pick vegetables for a special stew.



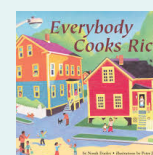
Mama Provi and the Pot
by Sylvia Rosa-Casanova

Mama Provi makes arroz con pollo for her sick granddaughter with a little help from her neighbors.



The Ugly Vegetables
by Grace Lin

A Chinese-American girl learns to celebrate her family's garden, which features her culture's food.



Everybody Cooks Rice
by Norah Dooley

A young girl discovers the many ways that rice is prepared in different cultures.

